**Sports Medicine Professionals**

**Vocabulary Review**: Match the terms on the right with the statements on the left. Answers may be used once, more than once, or not at all.

1. Designs special diets to enhance athletic performance
2. The primary physician caring for the athlete
3. All individuals involved in the care of the athlete
4. A practitioner working interdependently with the physician
5. Provides pain relief through muscle manipulation
6. A specialist who designs & implements a safe and effective strength and conditioning program
7. The study & application of scientific and medical knowledge to aspects of exercise and injury prevention
8. Helps athletes recover through emotional support and motivation
9. Involved with the evaluation and rehabilitation of injury
10. Includes parents, certified athletic trainers, coaches, and many others
11. Athlete’s Circle of Care
12. Certified Strength and Conditioning Specialist (CSCS)
13. Chiropractor
14. Family and Team Doctor
15. Massage Therapist
16. Personal Trainer (NSCA-CPT)
17. Physical Therapist
18. Physical Therapy Assistant
19. Physician Assistant
20. Sport Psychologist
21. Sports Medicine
22. Sports Nutritionist

**Review Questions**: Answer each question in complete sentences.

1. You are asked to design a sports medicine program for a large high school. Assuming you have the luxury to include anyone you would like, what your sports medicine team look like and what would be their responsibilities? (*answer on back if needed)*
2. Of the medical specialties associated with sports medicine, which interests you the most? Why?
3. What role should parents play in the athletic health care of their children?

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| **PROFESSION** | DESCRIPTION | **EDUCATION** | **SETTINGS** | CERTIFICATIONS |
|  | Oversee general healthcare & physicals of athletes |  | Private Practice, Hospital, Clinic, Univ. |  |
| Orthopedics |  |  | Hospital, private practice | MD, |
| Sport Psychologist |  |  |  |  |
|  | Implement & supervise rehabilitation prog. |  | Hospitals, clinics, physician’s office, teams |  |
| Strength & Conditioning Specialist |  | 4-yr. Degree Exercise & Sport Science |  |  |
|  | Plan eating programs to meet needs of athlete |  | Hospitals, schools, health dept, private practice, MD offices |  |
| Physician Assistant |  | B.S. + MS physician assistant |  |  |